

Drill: Outside the Box

Performing as cast member: (unnamed) Label: M Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	On Side 2 30 yd In	4.0 stps in frnt of Front hash (HS)
#2	16	16	1.5 stps inside Side 2 30 yd In	12.0 stps behind Front side line
#3	16	32	3.25 stps outside Side 2 35 yd In	10.0 stps behind Front side line
#4	16	48	On Side 2 40 yd In	12.0 stps behind Front side line
#5	8	56	On Side 2 45 yd In	10.0 stps behind Front side line
#6	8	64	On 50 yd In	10.0 stps behind Front side line
#7	4	68	2.0 stps Side 1 of 50 yd In	10.0 stps behind Front side line
#8	8	76	4.0 stps Side 2 of 50 yd In	7.0 stps behind Front side line
#9	8	84	On Side 2 45 yd In	10.0 stps behind Front side line
#10	12	96	4.0 stps Side 2 of 50 yd In	8.0 stps behind Front side line
#11	16	112	4.0 stps Side 2 of 50 yd In	8.0 stps in frnt of Front hash (HS)
#12	8	120	2.0 stps inside Side 2 45 yd In	8.0 stps in frnt of Front hash (HS)
#13	8	128	On Side 2 45 yd In	on Front hash (HS)
#14	16	144	On Side 2 45 yd In	on Front hash (HS)
#15	16	160	3.75 stps inside Side 2 45 yd In	10.0 stps in frnt of Front hash (HS)
#16	16	176	2.25 stps inside Side 2 35 yd In	8.25 stps in frnt of Front hash (HS)
#17	8	184	On Side 2 35 yd In	2.0 stps in frnt of Front hash (HS)
#17A	12	196	2.0 stps inside Side 2 40 yd In	on Front hash (HS)
#18	8	204	2.0 stps outside Side 2 45 yd In	2.0 stps in frnt of Front hash (HS)
#19	8	212	4.0 stps outside Side 2 40 yd In	2.0 stps in frnt of Front hash (HS)
#20	16	228	0.75 stps outside Side 2 40 yd In	5.0 stps behind Front hash (HS)
#21	12	240	3.75 stps inside Side 2 45 yd In	4.75 stps behind Front hash (HS)
#22	8	248	0.25 stps Side 2 of 50 yd In	1.5 stps in frnt of Front hash (HS)
#23	8	256	4.0 stps Side 2 of 50 yd In	2.5 stps in frnt of Front hash (HS)
#24	8	264	On 50 yd In	8.0 stps in frnt of Front hash (HS)

Drill: View from Above

Performing as cast member: (unnamed) Label: M Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	On 50 yd In	on Front hash (HS)
#26	24	32	2.0 stps inside Side 1 40 yd In	9.0 stps behind Front hash (HS)
#27	32	64	4.0 stps Side 2 of 50 yd In	7.0 stps behind Front hash (HS)
#28	16	80	2.25 stps inside Side 2 40 yd In	13.75 stps behind Front hash (HS)
#29	16	96	1.0 stp inside Side 2 45 yd In	7.0 stps behind Front hash (HS)
#30	16	112	2.25 stps inside Side 2 35 yd In	6.0 stps behind Front hash (HS)
#31	16	128	3.0 stps outside Side 2 35 yd In	8.0 stps behind Front hash (HS)
#32	16	144	3.25 stps inside Side 2 30 yd In	13.5 stps in frnt of Back hash (HS)
#33	16	160	3.0 stps outside Side 2 25 yd In	13.0 stps in frnt of Back hash (HS)
#34	8	168	On Side 2 25 yd In	11.0 stps behind Front hash (HS)

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	3.0 stps Side 1 of 50 yd In	7.0 stps behind Front side line
#2	16	16	3.5 stps inside Side 1 45 yd In	13.5 stps behind Front side line
#3	16	32	3.5 stps inside Side 1 45 yd In	13.5 stps behind Front side line
#4	16	48	On Side 1 45 yd In	12.0 stps behind Front side line
#5	8	56	2.0 stps outside Side 1 45 yd In	12.0 stps behind Front side line
#6	8	64	2.0 stps Side 1 of 50 yd In	12.0 stps behind Front side line
#7	4	68	On 50 yd In	12.0 stps behind Front side line
#8	8	76	4.0 stps Side 2 of 50 yd In	10.0 stps behind Front side line
#9	8	84	2.0 stps inside Side 2 45 yd In	12.0 stps behind Front side line
#10	12	96	4.0 stps Side 2 of 50 yd In	12.0 stps behind Front side line
#11	16	112	2.0 stps Side 2 of 50 yd In	2.0 stps in frnt of Front hash (HS)
#12	8	120	On 50 yd In	2.0 stps in frnt of Front hash (HS)
#13	8	128	1.5 stps inside Side 1 45 yd In	4.5 stps in frnt of Front hash (HS)
#14	16	144	3.75 stps inside Side 2 45 yd In	9.0 stps in frnt of Front hash (HS)
#15	16	160	3.5 stps inside Side 2 35 yd In	8.75 stps in frnt of Front hash (HS)
#16	16	176	1.75 stps inside Side 2 35 yd In	12.25 stps behind Front side line
#17	8	184	On Side 2 35 yd In	10.0 stps in frnt of Front hash (HS)
#17A	12	196	On Side 2 35 yd In	14.0 stps behind Front side line
#18	8	204	On Side 2 40 yd In	8.0 stps in frnt of Front hash (HS)
#19	8	212	4.0 stps outside Side 2 40 yd In	8.0 stps in frnt of Front hash (HS)
#20	16	228	0.75 stps inside Side 2 35 yd In	5.5 stps in frnt of Front hash (HS)
#21	12	240	On Side 2 40 yd In	1.0 stps in frnt of Front hash (HS)
#22	8	248	0.75 stps inside Side 2 40 yd In	6.25 stps in frnt of Front hash (HS)
#23	8	256	2.5 stps outside Side 2 40 yd In	8.0 stps in frnt of Front hash (HS)
#24	8	264	4.0 stps outside Side 2 45 yd In	8.0 stps in frnt of Front hash (HS)

Drill: View from Above

Performing as cast member: (unnamed) Label: A1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	4.0 stps outside Side 2 45 yd In	on Front hash (HS)
#26	24	32	1.0 stp outside Side 2 45 yd In	6.0 stps in frnt of Front hash (HS)
#27	32	64	1.0 stp outside Side 2 40 yd In	1.5 stps behind Front hash (HS)
#28	16	80	2.0 stps outside Side 2 35 yd In	4.5 stps behind Front hash (HS)
#29	16	96	2.0 stps inside Side 2 35 yd In	0.75 stps in frnt of Front hash (HS)
#30	16	112	1.25 stps inside Side 2 30 yd In	6.5 stps in frnt of Front hash (HS)
#31	16	128	2.75 stps outside Side 2 35 yd In	4.75 stps in frnt of Front hash (HS)
#32	16	144	0.25 stps outside Side 2 35 yd In	2.25 stps behind Front hash (HS)
#33	16	160	2.25 stps inside Side 2 25 yd In	3.0 stps behind Front hash (HS)
#34	8	168	On Side 2 25 yd In	4.0 stps in frnt of Front hash (HS)

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: M Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	2.25 stps outside Side 2 30 yd In	3.75 stps behind Front hash (HS)
#36	16	32	1.75 stps outside Side 2 35 yd In	2.75 stps behind Front hash (HS)
#37	8	40	2.0 stps outside Side 2 35 yd In	4.0 stps behind Front hash (HS)
#38	8	48	1.0 stp inside Side 2 35 yd In	6.0 stps behind Front hash (HS)
#39	8	56	1.75 stps inside Side 2 30 yd In	3.5 stps behind Front hash (HS)
#40	4	60	1.75 stps inside Side 2 30 yd In	0.25 stps in frnt of Front hash (HS)

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: M Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	3.5 stps outside Side 2 35 yd In	4.25 stps in frnt of Front hash (HS)
#42	8	16	2.5 stps inside Side 2 35 yd In	0.75 stps behind Front hash (HS)
#43	16	32	1.5 stps inside Side 2 45 yd In	1.25 stps in frnt of Front hash (HS)
#44	16	48	3.5 stps Side 1 of 50 yd In	7.75 stps behind Front hash (HS)
#45	16	64	3.5 stps inside Side 2 40 yd In	5.0 stps behind Front hash (HS)
#46	8	72	On Side 2 45 yd In	4.0 stps behind Front hash (HS)
#47	16	88	0.75 stps inside Side 1 45 yd In	1.0 stps in frnt of Front hash (HS)
#48	16	104	On Side 1 35 yd In	on Front hash (HS)
#49	8	112	On Side 1 30 yd In	on Front hash (HS)
#50	16	128	3.5 stps outside Side 1 30 yd In	12.0 stps in frnt of Back hash (HS)
#51	12	140	0.5 stps outside Side 1 30 yd In	12.75 stps in frnt of Back hash (HS)
#52	16	156	4.0 stps inside Side 1 30 yd In	5.0 stps behind Front hash (HS)
#53	16	172	3.75 stps outside Side 1 45 yd In	6.5 stps behind Front hash (HS)
#54	8	180	4.0 stps inside Side 1 40 yd In	on Front hash (HS)
#55	8	188	4.0 stps inside Side 1 35 yd In	on Front hash (HS)
#56	8	196	2.0 stps inside Side 1 40 yd In	6.0 stps behind Front hash (HS)
#57	8	204	On Side 1 45 yd In	on Front hash (HS)
#58	8	212	2.0 stps inside Side 1 45 yd In	6.0 stps in frnt of Front hash (HS)
#59	8	220	2.0 stps Side 1 of 50 yd In	12.0 stps in frnt of Front hash (HS)

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	1.25 stps inside Side 2 30 yd In	11.75 stps in frnt of Front hash (HS)
#36	16	32	On Side 2 40 yd In	6.5 stps in frnt of Front hash (HS)
#37	8	40	4.0 stps outside Side 2 40 yd In	2.0 stps in frnt of Front hash (HS)
#38	8	48	1.0 stp inside Side 2 35 yd In	on Front hash (HS)
#39	8	56	1.5 stps outside Side 2 35 yd In	6.25 stps in frnt of Front hash (HS)
#40	4	60	1.5 stps outside Side 2 35 yd In	10.25 stps in frnt of Front hash (HS)

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	1.5 stps outside Side 2 30 yd In	12.0 stps in frnt of Front hash (HS)
#42	8	16	On Side 2 30 yd In	4.5 stps in frnt of Front hash (HS)
#43	16	32	2.5 stps outside Side 2 40 yd In	on Front hash (HS)
#44	16	48	1.5 stps outside Side 2 45 yd In	7.0 stps in frnt of Front hash (HS)
#45	16	64	1.0 stp inside Side 2 45 yd In	2.5 stps behind Front side line
#46	8	72	On 50 yd In	2.0 stps behind Front side line
#47	16	88	0.75 stps Side 2 of 50 yd In	13.5 stps behind Front side line
#48	16	104	4.0 stps outside Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	4.0 stps outside Side 2 45 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	3.0 stps inside Side 1 45 yd In	9.0 stps behind Front hash (HS)
#51	12	140	0.5 stps outside Side 1 40 yd In	6.5 stps behind Front hash (HS)
#52	16	156	4.0 stps inside Side 1 35 yd In	11.0 stps in frnt of Front hash (HS)
#53	16	172	0.5 stps Side 2 of 50 yd In	13.75 stps in frnt of Front hash (HS)
#54	8	180	1.0 stp outside Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	2.0 stps outside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	On Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#57	8	204	4.0 stps outside Side 2 45 yd In	12.0 stps behind Front side line
#58	8	212	On Side 2 45 yd In	4.0 stps behind Front side line
#59	8	220	4.0 stps Side 2 of 50 yd In	4.0 stps behind Front side line

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	On Side 1 35 yd In	3.0 stps in frnt of Front hash (HS)
#2	16	16	3.5 stps outside Side 1 35 yd In	12.75 stps in frnt of Front hash (HS)
#3	16	32	3.5 stps outside Side 1 35 yd In	12.75 stps in frnt of Front hash (HS)
#4	16	48	On Side 1 40 yd In	12.0 stps behind Front side line
#5	8	56	2.0 stps inside Side 1 40 yd In	12.0 stps behind Front side line
#6	8	64	2.0 stps inside Side 1 45 yd In	12.0 stps behind Front side line
#7	4	68	4.0 stps inside Side 1 45 yd In	12.0 stps behind Front side line
#8	8	76	On 50 yd In	10.0 stps behind Front side line
#9	8	84	4.0 stps Side 2 of 50 yd In	10.0 stps behind Front side line
#10	12	96	On 50 yd In	12.0 stps behind Front side line
#11	16	112	1.0 stp Side 1 of 50 yd In	5.0 stps in frnt of Front hash (HS)
#12	8	120	1.0 stp Side 1 of 50 yd In	5.0 stps in frnt of Front hash (HS)
#13	8	128	1.5 stps inside Side 1 45 yd In	7.5 stps in frnt of Front hash (HS)
#14	16	144	1.0 stp inside Side 2 45 yd In	8.75 stps in frnt of Front hash (HS)
#15	16	160	0.5 stps inside Side 2 35 yd In	8.75 stps in frnt of Front hash (HS)
#16	16	176	2.0 stps inside Side 2 35 yd In	9.75 stps behind Front side line
#17	8	184	2.0 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#17A	12	196	2.0 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#18	8	204	2.0 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#19	8	212	2.0 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#20	16	228	3.0 stps outside Side 2 40 yd In	7.5 stps behind Front side line
#21	12	240	3.0 stps inside Side 2 35 yd In	12.5 stps in frnt of Front hash (HS)
#22	8	248	3.75 stps outside Side 2 35 yd In	13.0 stps in frnt of Front hash (HS)
#23	8	256	1.0 stp inside Side 2 35 yd In	9.0 stps behind Front side line
#24	8	264	4.0 stps outside Side 2 40 yd In	8.0 stps behind Front side line

Drill: View from Above

Performing as cast member: (unnamed) Label: A2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	4.0 stps outside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#26	24	32	3.0 stps outside Side 2 35 yd In	10.0 stps behind Front side line
#27	32	64	3.5 stps outside Side 2 35 yd In	10.5 stps in frnt of Front hash (HS)
#28	16	80	1.75 stps inside Side 2 35 yd In	9.0 stps in frnt of Front hash (HS)
#29	16	96	2.25 stps inside Side 2 35 yd In	11.0 stps behind Front side line
#30	16	112	3.0 stps inside Side 2 35 yd In	9.75 stps behind Front side line
#31	16	128	0.25 stps outside Side 2 40 yd In	12.25 stps in frnt of Front hash (HS)
#32	16	144	3.25 stps outside Side 2 40 yd In	10.75 stps in frnt of Front hash (HS)
#33	16	160	1.0 stp outside Side 2 35 yd In	3.0 stps in frnt of Front hash (HS)
#34	8	168	1.0 stp outside Side 2 35 yd In	4.0 stps in frnt of Front hash (HS)

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A3 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	On 50 yd In	13.0 stps behind Front side line
#2	16	16	3.5 stps Side 2 of 50 yd In	9.25 stps in frnt of Front hash (HS)
#3	16	32	3.5 stps Side 2 of 50 yd In	9.25 stps in frnt of Front hash (HS)
#4	16	48	On Side 1 45 yd In	4.0 stps in frnt of Front hash (HS)
#5	8	56	2.0 stps outside Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#6	8	64	2.0 stps Side 1 of 50 yd In	8.0 stps in frnt of Front hash (HS)
#7	4	68	On 50 yd In	8.0 stps in frnt of Front hash (HS)
#8	8	76	4.0 stps inside Side 1 45 yd In	6.0 stps in frnt of Front hash (HS)
#9	8	84	On Side 1 45 yd In	6.0 stps in frnt of Front hash (HS)
#10	12	96	4.0 stps inside Side 1 45 yd In	12.0 stps behind Front side line
#11	16	112	4.0 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#12	8	120	2.0 stps Side 1 of 50 yd In	8.0 stps in frnt of Front hash (HS)
#13	8	128	2.25 stps inside Side 1 45 yd In	10.25 stps in frnt of Front hash (HS)
#14	16	144	1.5 stps outside Side 2 45 yd In	8.75 stps in frnt of Front hash (HS)
#15	16	160	2.0 stps outside Side 2 35 yd In	9.75 stps in frnt of Front hash (HS)
#16	16	176	3.0 stps inside Side 2 35 yd In	7.25 stps behind Front side line
#17	8	184	2.0 stps inside Side 2 40 yd In	12.0 stps behind Front side line
#17A	12	196	2.0 stps inside Side 2 40 yd In	12.0 stps behind Front side line
#18	8	204	2.0 stps inside Side 2 40 yd In	12.0 stps behind Front side line
#19	8	212	2.0 stps outside Side 2 45 yd In	12.0 stps behind Front side line
#20	16	228	0.75 stps inside Side 2 35 yd In	7.75 stps behind Front side line
#21	12	240	0.25 stps outside Side 2 35 yd In	12.25 stps behind Front side line
#22	8	248	On Side 2 30 yd In	12.0 stps behind Front side line
#23	8	256	2.5 stps outside Side 2 35 yd In	7.0 stps behind Front side line
#24	8	264	On Side 2 35 yd In	8.0 stps behind Front side line

Drill: View from Above

Performing as cast member: (unnamed) Label: A3 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	On Side 2 35 yd In	12.0 stps in frnt of Front hash (HS)
#26	24	32	0.5 stps inside Side 2 40 yd In	3.5 stps in frnt of Front hash (HS)
#27	32	64	1.25 stps outside Side 2 35 yd In	4.0 stps in frnt of Front hash (HS)
#28	16	80	1.75 stps outside Side 2 35 yd In	4.0 stps in frnt of Front hash (HS)
#29	16	96	0.5 stps outside Side 2 35 yd In	10.75 stps in frnt of Front hash (HS)
#30	16	112	2.5 stps outside Side 2 35 yd In	13.0 stps behind Front side line
#31	16	128	2.5 stps inside Side 2 35 yd In	10.75 stps in frnt of Front hash (HS)
#32	16	144	3.75 stps inside Side 2 35 yd In	5.0 stps in frnt of Front hash (HS)
#33	16	160	1.75 stps inside Side 2 30 yd In	0.25 stps in frnt of Front hash (HS)
#34	8	168	1.0 stp inside Side 2 30 yd In	4.0 stps in frnt of Front hash (HS)

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	0.75 stps outside Side 2 40 yd In	12.0 stps behind Front side line
#36	16	32	3.75 stps Side 2 of 50 yd In	4.25 stps in frnt of Front hash (HS)
#37	8	40	3.0 stps outside Side 2 45 yd In	5.0 stps in frnt of Front hash (HS)
#38	8	48	4.0 stps outside Side 2 40 yd In	6.0 stps in frnt of Front hash (HS)
#39	8	56	1.5 stps inside Side 2 40 yd In	13.0 stps in frnt of Front hash (HS)
#40	4	60	1.5 stps inside Side 2 40 yd In	10.75 stps behind Front side line

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	2.0 stps inside Side 2 35 yd In	9.5 stps behind Front side line
#42	8	16	2.0 stps inside Side 2 35 yd In	13.25 stps in frnt of Front hash (HS)
#43	16	32	1.0 stp outside Side 2 35 yd In	11.5 stps in frnt of Front hash (HS)
#44	16	48	2.5 stps inside Side 2 40 yd In	7.5 stps behind Front side line
#45	16	64	1.75 stps inside Side 1 45 yd In	3.75 stps behind Front side line
#46	8	72	4.0 stps inside Side 1 40 yd In	6.0 stps behind Front side line
#47	16	88	2.5 stps inside Side 1 40 yd In	11.0 stps in frnt of Front hash (HS)
#48	16	104	On 50 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	On 50 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	0.5 stps outside Side 1 40 yd In	2.5 stps in frnt of Front hash (HS)
#51	12	140	2.25 stps inside Side 1 30 yd In	0.75 stps behind Front hash (HS)
#52	16	156	1.0 stp outside Side 1 30 yd In	10.0 stps in frnt of Front hash (HS)
#53	16	172	2.75 stps inside Side 1 35 yd In	13.25 stps in frnt of Front hash (HS)
#54	8	180	2.0 stps outside Side 1 40 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	1.0 stp outside Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	4.0 stps inside Side 1 45 yd In	4.0 stps in frnt of Front hash (HS)
#57	8	204	4.0 stps Side 2 of 50 yd In	8.0 stps in frnt of Front hash (HS)
#58	8	212	4.0 stps Side 2 of 50 yd In	12.0 stps behind Front side line
#59	8	220	1.0 stp Side 2 of 50 yd In	4.0 stps behind Front side line

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A3 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	1.25 stps inside Side 2 35 yd In	12.25 stps behind Front side line
#36	16	32	0.5 stps outside Side 2 45 yd In	6.0 stps in frnt of Front hash (HS)
#37	8	40	2.0 stps inside Side 2 40 yd In	2.0 stps in frnt of Front hash (HS)
#38	8	48	4.0 stps outside Side 2 40 yd In	3.0 stps in frnt of Front hash (HS)
#39	8	56	2.25 stps outside Side 2 40 yd In	11.5 stps in frnt of Front hash (HS)
#40	4	60	2.25 stps outside Side 2 40 yd In	12.25 stps behind Front side line

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A3 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	2.5 stps outside Side 2 35 yd In	10.0 stps behind Front side line
#42	8	16	3.0 stps outside Side 2 35 yd In	12.5 stps in frnt of Front hash (HS)
#43	16	32	1.0 stp outside Side 2 35 yd In	6.75 stps in frnt of Front hash (HS)
#44	16	48	1.25 stps inside Side 2 40 yd In	12.5 stps behind Front side line
#45	16	64	1.75 stps Side 1 of 50 yd In	2.25 stps behind Front side line
#46	8	72	On Side 1 45 yd In	2.0 stps behind Front side line
#47	16	88	0.25 stps outside Side 1 45 yd In	10.25 stps in frnt of Front hash (HS)
#48	16	104	4.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	4.0 stps Side 2 of 50 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	2.25 stps outside Side 1 45 yd In	1.5 stps in frnt of Front hash (HS)
#51	12	140	2.0 stps outside Side 1 35 yd In	1.5 stps behind Front hash (HS)
#52	16	156	2.0 stps inside Side 1 30 yd In	11.0 stps in frnt of Front hash (HS)
#53	16	172	On Side 1 40 yd In	13.75 stps in frnt of Front hash (HS)
#54	8	180	4.0 stps inside Side 1 40 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	3.0 stps Side 1 of 50 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	On 50 yd In	8.0 stps in frnt of Front hash (HS)
#57	8	204	2.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (HS)
#58	8	212	On 50 yd In	8.0 stps behind Front side line
#59	8	220	3.0 stps inside Side 1 45 yd In	4.0 stps behind Front side line

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A4 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	2.0 stps outside Side 1 40 yd In	on Front hash (HS)
#2	16	16	2.25 stps outside Side 1 40 yd In	11.75 stps in frnt of Front hash (HS)
#3	16	32	2.25 stps outside Side 1 40 yd In	11.75 stps in frnt of Front hash (HS)
#4	16	48	On Side 1 40 yd In	4.0 stps in frnt of Front hash (HS)
#5	8	56	2.0 stps inside Side 1 40 yd In	8.0 stps in frnt of Front hash (HS)
#6	8	64	2.0 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#7	4	68	4.0 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#8	8	76	On Side 1 45 yd In	6.0 stps in frnt of Front hash (HS)
#9	8	84	2.0 stps outside Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#10	12	96	On Side 1 45 yd In	12.0 stps behind Front side line
#11	16	112	1.0 stp inside Side 1 45 yd In	11.0 stps in frnt of Front hash (HS)
#12	8	120	3.0 stps Side 1 of 50 yd In	11.0 stps in frnt of Front hash (HS)
#13	8	128	3.5 stps inside Side 1 45 yd In	13.0 stps in frnt of Front hash (HS)
#14	16	144	3.5 stps inside Side 2 40 yd In	9.0 stps in frnt of Front hash (HS)
#15	16	160	3.0 stps inside Side 2 30 yd In	11.5 stps in frnt of Front hash (HS)
#16	16	176	3.0 stps outside Side 2 40 yd In	5.5 stps behind Front side line
#17	8	184	2.0 stps inside Side 2 40 yd In	8.0 stps behind Front side line
#17A	12	196	2.0 stps inside Side 2 40 yd In	8.0 stps behind Front side line
#18	8	204	2.0 stps inside Side 2 40 yd In	8.0 stps behind Front side line
#19	8	212	2.0 stps inside Side 2 45 yd In	8.0 stps behind Front side line
#20	16	228	1.0 stp outside Side 2 35 yd In	8.0 stps behind Front side line
#21	12	240	0.5 stps outside Side 2 35 yd In	13.5 stps in frnt of Front hash (HS)
#22	8	248	1.0 stp inside Side 2 30 yd In	12.75 stps behind Front side line
#23	8	256	3.5 stps inside Side 2 30 yd In	8.5 stps behind Front side line
#24	8	264	On Side 2 35 yd In	12.0 stps behind Front side line

Drill: View from Above

Performing as cast member: (unnamed) Label: A4 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	On Side 2 35 yd In	8.0 stps in frnt of Front hash (HS)
#26	24	32	4.0 stps outside Side 2 40 yd In	10.5 stps in frnt of Front hash (HS)
#27	32	64	3.25 stps inside Side 2 35 yd In	0.5 stps behind Front hash (HS)
#28	16	80	3.25 stps outside Side 2 35 yd In	1.75 stps behind Front hash (HS)
#29	16	96	0.5 stps inside Side 2 35 yd In	4.0 stps in frnt of Front hash (HS)
#30	16	112	1.75 stps inside Side 2 30 yd In	9.75 stps in frnt of Front hash (HS)
#31	16	128	1.5 stps outside Side 2 35 yd In	7.25 stps in frnt of Front hash (HS)
#32	16	144	1.25 stps inside Side 2 35 yd In	on Front hash (HS)
#33	16	160	3.0 stps outside Side 2 30 yd In	1.75 stps behind Front hash (HS)
#34	8	168	3.0 stps inside Side 2 25 yd In	4.0 stps in frnt of Front hash (HS)

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A5 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	2.0 stps outside Side 1 40 yd In	7.0 stps behind Front side line
#2	16	16	3.75 stps outside Side 1 40 yd In	11.5 stps in frnt of Front hash (HS)
#3	16	32	3.75 stps outside Side 1 40 yd In	11.5 stps in frnt of Front hash (HS)
#4	16	48	On Side 1 40 yd In	6.0 stps in frnt of Front hash (HS)
#5	8	56	2.0 stps outside Side 1 40 yd In	8.0 stps in frnt of Front hash (HS)
#6	8	64	2.0 stps outside Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#7	4	68	On Side 1 45 yd In	8.0 stps in frnt of Front hash (HS)
#8	8	76	4.0 stps inside Side 1 40 yd In	6.0 stps in frnt of Front hash (HS)
#9	8	84	4.0 stps inside Side 1 40 yd In	10.0 stps in frnt of Front hash (HS)
#10	12	96	4.0 stps inside Side 1 40 yd In	12.0 stps behind Front side line
#11	16	112	2.0 stps outside Side 1 45 yd In	14.0 stps behind Front side line
#12	8	120	4.0 stps inside Side 1 45 yd In	14.0 stps behind Front side line
#13	8	128	2.5 stps Side 1 of 50 yd In	12.25 stps behind Front side line
#14	16	144	1.0 stp inside Side 2 40 yd In	9.75 stps in frnt of Front hash (HS)
#15	16	160	1.5 stps inside Side 2 30 yd In	13.5 stps in frnt of Front hash (HS)
#16	16	176	0.5 stps outside Side 2 40 yd In	4.5 stps behind Front side line
#17	8	184	2.0 stps outside Side 2 45 yd In	8.0 stps behind Front side line
#17A	12	196	2.0 stps outside Side 2 45 yd In	8.0 stps behind Front side line
#18	8	204	2.0 stps outside Side 2 45 yd In	8.0 stps behind Front side line
#19	8	212	2.0 stps Side 2 of 50 yd In	8.0 stps behind Front side line
#20	16	228	2.75 stps inside Side 2 35 yd In	7.5 stps behind Front side line
#21	12	240	1.25 stps inside Side 2 35 yd In	13.75 stps behind Front side line
#22	8	248	2.0 stps inside Side 2 30 yd In	13.5 stps behind Front side line
#23	8	256	1.75 stps inside Side 2 30 yd In	10.25 stps behind Front side line
#24	8	264	On Side 2 35 yd In	12.0 stps in frnt of Front hash (HS)

Drill: View from Above

Performing as cast member: (unnamed) Label: A5 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	On Side 2 35 yd In	4.0 stps in frnt of Front hash (HS)
#26	24	32	0.5 stps inside Side 2 40 yd In	7.5 stps in frnt of Front hash (HS)
#27	32	64	2.75 stps outside Side 2 35 yd In	7.25 stps in frnt of Front hash (HS)
#28	16	80	On Side 2 35 yd In	6.5 stps in frnt of Front hash (HS)
#29	16	96	On Side 2 35 yd In	13.5 stps behind Front side line
#30	16	112	On Side 2 35 yd In	11.25 stps behind Front side line
#31	16	128	2.75 stps outside Side 2 40 yd In	11.5 stps in frnt of Front hash (HS)
#32	16	144	3.25 stps outside Side 2 40 yd In	8.0 stps in frnt of Front hash (HS)
#33	16	160	3.5 stps outside Side 2 35 yd In	1.5 stps in frnt of Front hash (HS)
#34	8	168	4.0 stps outside Side 2 35 yd In	4.0 stps in frnt of Front hash (HS)

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A4 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	3.75 stps inside Side 2 30 yd In	13.5 stps in frnt of Front hash (HS)
#36	16	32	2.25 stps inside Side 2 40 yd In	6.5 stps in frnt of Front hash (HS)
#37	8	40	1.0 stp outside Side 2 40 yd In	5.0 stps in frnt of Front hash (HS)
#38	8	48	1.0 stp inside Side 2 35 yd In	3.0 stps in frnt of Front hash (HS)
#39	8	56	3.5 stps inside Side 2 35 yd In	10.5 stps in frnt of Front hash (HS)
#40	4	60	3.5 stps inside Side 2 35 yd In	13.25 stps behind Front side line

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A4 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	3.0 stps inside Side 2 30 yd In	10.75 stps behind Front side line
#42	8	16	2.5 stps inside Side 2 30 yd In	11.0 stps in frnt of Front hash (HS)
#43	16	32	0.25 stps outside Side 2 35 yd In	4.5 stps in frnt of Front hash (HS)
#44	16	48	1.75 stps inside Side 2 40 yd In	12.75 stps in frnt of Front hash (HS)
#45	16	64	0.25 stps Side 2 of 50 yd In	2.0 stps behind Front side line
#46	8	72	2.0 stps inside Side 1 45 yd In	2.0 stps behind Front side line
#47	16	88	2.0 stps inside Side 1 45 yd In	10.75 stps in frnt of Front hash (HS)
#48	16	104	2.0 stps inside Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	2.0 stps inside Side 2 45 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	0.25 stps inside Side 1 45 yd In	on Front hash (HS)
#51	12	140	1.0 stp inside Side 1 35 yd In	2.25 stps behind Front hash (HS)
#52	16	156	3.0 stps outside Side 1 35 yd In	12.0 stps in frnt of Front hash (HS)
#53	16	172	3.0 stps outside Side 1 45 yd In	12.25 stps in frnt of Front hash (HS)
#54	8	180	2.0 stps inside Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	3.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	4.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (HS)
#57	8	204	On 50 yd In	12.0 stps behind Front side line
#58	8	212	4.0 stps inside Side 1 45 yd In	4.0 stps behind Front side line
#59	8	220	3.0 stps outside Side 1 45 yd In	4.0 stps behind Front side line

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A5 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	3.75 stps outside Side 2 40 yd In	12.0 stps behind Front side line
#36	16	32	1.75 stps inside Side 2 45 yd In	5.25 stps in frnt of Front hash (HS)
#37	8	40	3.0 stps outside Side 2 45 yd In	1.0 stps behind Front hash (HS)
#38	8	48	1.0 stp outside Side 2 40 yd In	3.0 stps in frnt of Front hash (HS)
#39	8	56	0.25 stps outside Side 2 40 yd In	12.25 stps in frnt of Front hash (HS)
#40	4	60	0.25 stps outside Side 2 40 yd In	11.5 stps behind Front side line

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A5 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	0.25 stps outside Side 2 35 yd In	9.5 stps behind Front side line
#42	8	16	0.5 stps outside Side 2 35 yd In	13.25 stps in frnt of Front hash (HS)
#43	16	32	1.25 stps outside Side 2 35 yd In	9.25 stps in frnt of Front hash (HS)
#44	16	48	1.5 stps inside Side 2 40 yd In	10.0 stps behind Front side line
#45	16	64	3.75 stps inside Side 1 45 yd In	2.75 stps behind Front side line
#46	8	72	2.0 stps outside Side 1 45 yd In	4.0 stps behind Front side line
#47	16	88	3.0 stps outside Side 1 45 yd In	10.5 stps in frnt of Front hash (HS)
#48	16	104	2.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	2.0 stps Side 2 of 50 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	2.5 stps inside Side 1 40 yd In	2.25 stps in frnt of Front hash (HS)
#51	12	140	2.5 stps outside Side 1 35 yd In	4.0 stps behind Front hash (HS)
#52	16	156	3.0 stps inside Side 1 30 yd In	8.0 stps in frnt of Front hash (HS)
#53	16	172	2.25 stps inside Side 1 40 yd In	13.0 stps in frnt of Front hash (HS)
#54	8	180	1.0 stp outside Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	On 50 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	2.0 stps Side 2 of 50 yd In	10.0 stps in frnt of Front hash (HS)
#57	8	204	1.0 stp Side 2 of 50 yd In	14.0 stps behind Front side line
#58	8	212	2.0 stps Side 1 of 50 yd In	6.0 stps behind Front side line
#59	8	220	On Side 1 45 yd In	4.0 stps behind Front side line

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A6 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	On Side 1 35 yd In	on Front hash (HS)
#2	16	16	0.5 stps outside Side 1 35 yd In	12.0 stps in frnt of Front hash (HS)
#3	16	32	0.5 stps outside Side 1 35 yd In	12.0 stps in frnt of Front hash (HS)
#4	16	48	On Side 1 40 yd In	12.0 stps in frnt of Front hash (HS)
#5	8	56	2.0 stps outside Side 1 40 yd In	12.0 stps in frnt of Front hash (HS)
#6	8	64	2.0 stps outside Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#7	4	68	On Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#8	8	76	On Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#9	8	84	2.0 stps outside Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)
#10	12	96	4.0 stps inside Side 1 40 yd In	8.0 stps behind Front side line
#11	16	112	3.0 stps inside Side 1 40 yd In	11.0 stps behind Front side line
#12	8	120	3.0 stps inside Side 1 45 yd In	11.0 stps behind Front side line
#13	8	128	On Side 1 50 yd In	10.75 stps behind Front side line
#14	16	144	1.25 stps outside Side 2 40 yd In	10.75 stps in frnt of Front hash (HS)
#15	16	160	On Side 2 30 yd In	11.75 stps behind Front side line
#16	16	176	2.0 stps inside Side 2 40 yd In	4.0 stps behind Front side line
#17	8	184	2.0 stps inside Side 2 45 yd In	8.0 stps behind Front side line
#17A	12	196	2.0 stps inside Side 2 45 yd In	8.0 stps behind Front side line
#18	8	204	2.0 stps inside Side 2 45 yd In	8.0 stps behind Front side line
#19	8	212	2.0 stps Side 1 of 50 yd In	8.0 stps behind Front side line
#20	16	228	0.75 stps inside Side 2 40 yd In	7.75 stps behind Front side line
#21	12	240	1.0 stp outside Side 2 40 yd In	9.75 stps in frnt of Front hash (HS)
#22	8	248	0.5 stps inside Side 2 35 yd In	10.25 stps in frnt of Front hash (HS)
#23	8	256	3.0 stps outside Side 2 40 yd In	11.0 stps behind Front side line
#24	8	264	On Side 2 40 yd In	8.0 stps behind Front side line

Drill: View from Above

Performing as cast member: (unnamed) Label: A6 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	On Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#26	24	32	1.0 stp outside Side 2 45 yd In	10.5 stps in frnt of Front hash (HS)
#27	32	64	0.5 stps inside Side 2 35 yd In	1.25 stps in frnt of Front hash (HS)
#28	16	80	3.0 stps outside Side 2 35 yd In	1.25 stps in frnt of Front hash (HS)
#29	16	96	0.25 stps outside Side 2 35 yd In	7.25 stps in frnt of Front hash (HS)
#30	16	112	3.0 stps inside Side 2 30 yd In	12.5 stps in frnt of Front hash (HS)
#31	16	128	0.25 stps inside Side 2 35 yd In	9.25 stps in frnt of Front hash (HS)
#32	16	144	2.5 stps inside Side 2 35 yd In	2.5 stps in frnt of Front hash (HS)
#33	16	160	0.5 stps outside Side 2 30 yd In	0.75 stps behind Front hash (HS)
#34	8	168	2.0 stps outside Side 2 30 yd In	4.0 stps in frnt of Front hash (HS)

Drill: Outside the Box

Performing as cast member: (unnamed) Label: A7 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	On Side 1 35 yd In	10.0 stps behind Front side line
#2	16	16	3.0 stps inside Side 1 30 yd In	13.75 stps in frnt of Front hash (HS)
#3	16	32	3.0 stps inside Side 1 30 yd In	13.75 stps in frnt of Front hash (HS)
#4	16	48	On Side 1 40 yd In	10.0 stps behind Front side line
#5	8	56	2.0 stps outside Side 1 40 yd In	12.0 stps behind Front side line
#6	8	64	2.0 stps outside Side 1 45 yd In	12.0 stps behind Front side line
#7	4	68	On Side 1 45 yd In	12.0 stps behind Front side line
#8	8	76	4.0 stps inside Side 1 45 yd In	10.0 stps behind Front side line
#9	8	84	On Side 1 45 yd In	14.0 stps behind Front side line
#10	12	96	4.0 stps inside Side 1 40 yd In	4.0 stps behind Front side line
#11	16	112	On Side 1 40 yd In	8.0 stps behind Front side line
#12	8	120	2.0 stps inside Side 1 45 yd In	8.0 stps behind Front side line
#13	8	128	2.5 stps Side 2 of 50 yd In	10.0 stps behind Front side line
#14	16	144	3.75 stps outside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#15	16	160	On Side 2 30 yd In	8.75 stps behind Front side line
#16	16	176	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#17	8	184	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#17A	12	196	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#18	8	204	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#19	8	212	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#20	16	228	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#21	12	240	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#22	8	248	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#23	8	256	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line
#24	8	264	2.5 stps inside Side 2 30 yd In	7.0 stps behind Front side line

Drill: View from Above

Performing as cast member: (unnamed) Label: A7 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#26	24	32	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#27	32	64	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#28	16	80	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#29	16	96	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#30	16	112	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#31	16	128	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#32	16	144	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#33	16	160	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line
#34	8	168	3.0 stps outside Side 2 35 yd In	3.5 stps behind Front side line

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A6 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	1.5 stps outside Side 2 35 yd In	13.0 stps behind Front side line
#36	16	32	3.0 stps outside Side 2 45 yd In	6.25 stps in frnt of Front hash (HS)
#37	8	40	1.0 stp outside Side 2 40 yd In	1.0 stps behind Front hash (HS)
#38	8	48	4.0 stps outside Side 2 40 yd In	on Front hash (HS)
#39	8	56	1.5 stps inside Side 2 35 yd In	9.25 stps in frnt of Front hash (HS)
#40	4	60	1.5 stps inside Side 2 35 yd In	13.25 stps in frnt of Front hash (HS)

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A6 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	1.0 stp inside Side 2 30 yd In	12.0 stps behind Front side line
#42	8	16	0.5 stps inside Side 2 30 yd In	9.5 stps in frnt of Front hash (HS)
#43	16	32	1.0 stp inside Side 2 35 yd In	2.5 stps in frnt of Front hash (HS)
#44	16	48	2.5 stps inside Side 2 40 yd In	10.5 stps in frnt of Front hash (HS)
#45	16	64	2.5 stps Side 2 of 50 yd In	2.0 stps behind Front side line
#46	8	72	4.0 stps inside Side 1 45 yd In	2.0 stps behind Front side line
#47	16	88	3.5 stps Side 1 of 50 yd In	11.75 stps in frnt of Front hash (HS)
#48	16	104	On Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	On Side 2 45 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	2.0 stps inside Side 1 45 yd In	2.75 stps behind Front hash (HS)
#51	12	140	3.25 stps outside Side 1 40 yd In	3.0 stps behind Front hash (HS)
#52	16	156	On Side 1 35 yd In	13.0 stps in frnt of Front hash (HS)
#53	16	172	1.5 stps inside Side 1 45 yd In	11.0 stps in frnt of Front hash (HS)
#54	8	180	On 50 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	1.0 stp outside Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	2.0 stps outside Side 2 45 yd In	6.0 stps in frnt of Front hash (HS)
#57	8	204	1.0 stp inside Side 2 40 yd In	10.0 stps behind Front hash (HS)
#58	8	212	2.0 stps inside Side 2 40 yd In	10.0 stps behind Front side line
#59	8	220	3.0 stps inside Side 2 40 yd In	4.0 stps behind Front side line

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: A7 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	0.5 stps outside Side 2 30 yd In	9.75 stps in frnt of Front hash (HS)
#36	16	32	2.5 stps outside Side 2 40 yd In	6.25 stps in frnt of Front hash (HS)
#37	8	40	4.0 stps outside Side 2 40 yd In	8.0 stps in frnt of Front hash (HS)
#38	8	48	2.0 stps outside Side 2 35 yd In	3.0 stps in frnt of Front hash (HS)
#39	8	56	On Side 2 35 yd In	7.75 stps in frnt of Front hash (HS)
#40	4	60	On Side 2 35 yd In	11.75 stps in frnt of Front hash (HS)

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: A7 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	0.5 stps outside Side 2 30 yd In	13.75 stps behind Front side line
#42	8	16	On Side 2 30 yd In	7.0 stps in frnt of Front hash (HS)
#43	16	32	3.0 stps inside Side 2 35 yd In	1.0 stps in frnt of Front hash (HS)
#44	16	48	3.5 stps outside Side 2 45 yd In	8.5 stps in frnt of Front hash (HS)
#45	16	64	3.0 stps inside Side 2 45 yd In	2.0 stps behind Front side line
#46	8	72	2.0 stps Side 1 of 50 yd In	2.0 stps behind Front side line
#47	16	88	1.25 stps Side 1 of 50 yd In	13.0 stps in frnt of Front hash (HS)
#48	16	104	2.0 stps outside Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#49	8	112	2.0 stps outside Side 2 45 yd In	4.0 stps in frnt of Front hash (HS)
#50	16	128	2.75 stps inside Side 1 45 yd In	5.75 stps behind Front hash (HS)
#51	12	140	On Side 1 40 yd In	4.0 stps behind Front hash (HS)
#52	16	156	3.0 stps inside Side 1 35 yd In	14.0 stps behind Front side line
#53	16	172	1.25 stps Side 1 of 50 yd In	12.25 stps in frnt of Front hash (HS)
#54	8	180	2.0 stps inside Side 2 45 yd In	12.0 stps in frnt of Front hash (HS)
#55	8	188	1.0 stp inside Side 2 40 yd In	12.0 stps in frnt of Front hash (HS)
#56	8	196	2.0 stps inside Side 2 40 yd In	10.0 stps in frnt of Front hash (HS)
#57	8	204	3.0 stps inside Side 2 40 yd In	14.0 stps behind Front side line
#58	8	212	2.0 stps outside Side 2 45 yd In	6.0 stps behind Front side line
#59	8	220	1.0 stp inside Side 2 45 yd In	4.0 stps behind Front side line

Drill: Outside the Box

Performing as cast member: (unnamed) Label: B1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	On Side 2 30 yd In	on Front hash (HS)
#2	16	16	0.75 stps outside Side 2 30 yd In	6.75 stps in frnt of Front hash (HS)
#3	16	32	0.5 stps outside Side 2 30 yd In	12.25 stps behind Front side line
#4	16	48	4.0 stps outside Side 2 40 yd In	12.0 stps behind Front side line
#5	8	56	4.0 stps outside Side 2 45 yd In	10.0 stps behind Front side line
#6	8	64	4.0 stps Side 2 of 50 yd In	10.0 stps behind Front side line
#7	4	68	2.0 stps Side 2 of 50 yd In	10.0 stps behind Front side line
#8	8	76	On Side 2 45 yd In	7.0 stps behind Front side line
#9	8	84	2.0 stps outside Side 2 45 yd In	12.0 stps behind Front side line
#10	12	96	On Side 2 45 yd In	8.0 stps behind Front side line
#11	16	112	1.0 stp inside Side 2 45 yd In	5.0 stps in frnt of Front hash (HS)
#12	8	120	1.0 stp inside Side 2 45 yd In	5.0 stps in frnt of Front hash (HS)
#13	8	128	3.0 stps outside Side 2 45 yd In	on Front hash (HS)
#14	16	144	3.0 stps outside Side 2 45 yd In	on Front hash (HS)
#15	16	160	2.0 stps outside Side 2 45 yd In	4.0 stps in frnt of Front hash (HS)
#16	16	176	On Side 2 35 yd In	2.5 stps in frnt of Front hash (HS)
#17	8	184	On Side 2 35 yd In	2.0 stps behind Front hash (HS)
#17A	12	196	2.0 stps outside Side 2 40 yd In	on Front hash (HS)
#18	8	204	2.0 stps inside Side 2 40 yd In	2.0 stps in frnt of Front hash (HS)
#19	8	212	On Side 2 35 yd In	2.0 stps in frnt of Front hash (HS)
#20	16	228	3.75 stps outside Side 2 40 yd In	1.75 stps behind Front hash (HS)
#21	12	240	0.25 stps outside Side 2 45 yd In	3.0 stps behind Front hash (HS)
#22	8	248	2.5 stps inside Side 2 45 yd In	2.75 stps in frnt of Front hash (HS)
#23	8	256	1.0 stp outside Side 2 45 yd In	4.0 stps in frnt of Front hash (HS)
#24	8	264	4.0 stps Side 2 of 50 yd In	8.0 stps in frnt of Front hash (HS)

Drill: View from Above

Performing as cast member: (unnamed) Label: B1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	4.0 stps Side 2 of 50 yd In	on Front hash (HS)
#26	24	32	1.5 stps outside Side 1 45 yd In	1.5 stps behind Front hash (HS)
#27	32	64	3.75 stps Side 1 of 50 yd In	0.5 stps behind Front hash (HS)
#28	16	80	0.25 stps Side 1 of 50 yd In	2.25 stps behind Front hash (HS)
#29	16	96	0.25 stps outside Side 2 45 yd In	12.0 stps behind Front hash (HS)
#30	16	112	1.25 stps outside Side 2 40 yd In	13.5 stps behind Front hash (HS)
#31	16	128	On Side 2 40 yd In	12.25 stps in frnt of Back hash (HS)
#32	16	144	2.25 stps inside Side 2 40 yd In	10.25 stps behind Front hash (HS)
#33	16	160	2.25 stps outside Side 2 40 yd In	5.5 stps in frnt of Back hash (HS)
#34	8	168	1.0 stp outside Side 2 40 yd In	6.0 stps in frnt of Back hash (HS)

Drill: Outside the Box

Performing as cast member: (unnamed) Label: B2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#1	0	0	2.0 stps inside Side 2 30 yd In	4.0 stps behind Front hash (HS)
#2	16	16	3.5 stps outside Side 2 35 yd In	1.25 stps behind Front hash (HS)
#3	16	32	2.75 stps inside Side 2 25 yd In	12.0 stps in frnt of Front hash (HS)
#4	16	48	On Side 2 35 yd In	12.0 stps behind Front side line
#5	8	56	On Side 2 40 yd In	10.0 stps behind Front side line
#6	8	64	On Side 2 45 yd In	10.0 stps behind Front side line
#7	4	68	2.0 stps inside Side 2 45 yd In	10.0 stps behind Front side line
#8	8	76	4.0 stps outside Side 2 45 yd In	7.0 stps behind Front side line
#9	8	84	4.0 stps outside Side 2 45 yd In	14.0 stps behind Front side line
#10	12	96	4.0 stps outside Side 2 45 yd In	8.0 stps behind Front side line
#11	16	112	2.0 stps outside Side 2 45 yd In	2.0 stps in frnt of Front hash (HS)
#12	8	120	On Side 2 45 yd In	2.0 stps in frnt of Front hash (HS)
#13	8	128	2.0 stps inside Side 2 40 yd In	on Front hash (HS)
#14	16	144	2.0 stps inside Side 2 40 yd In	on Front hash (HS)
#15	16	160	2.5 stps outside Side 2 45 yd In	2.75 stps behind Front hash (HS)
#16	16	176	0.5 stps inside Side 2 35 yd In	6.5 stps behind Front hash (HS)
#17	8	184	On Side 2 35 yd In	8.0 stps behind Front hash (HS)
#17A	12	196	On Side 2 35 yd In	on Front hash (HS)
#18	8	204	On Side 2 40 yd In	6.0 stps in frnt of Front hash (HS)
#19	8	212	2.0 stps inside Side 2 35 yd In	6.0 stps in frnt of Front hash (HS)
#20	16	228	1.5 stps inside Side 2 35 yd In	3.5 stps in frnt of Front hash (HS)
#21	12	240	1.75 stps inside Side 2 40 yd In	on Front hash (HS)
#22	8	248	3.25 stps inside Side 2 40 yd In	5.25 stps in frnt of Front hash (HS)
#23	8	256	3.5 stps outside Side 2 45 yd In	10.5 stps in frnt of Front hash (HS)
#24	8	264	On Side 2 45 yd In	12.0 stps behind Front side line

Drill: View from Above

Performing as cast member: (unnamed) Label: B2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#25	0	8	On Side 2 45 yd In	8.0 stps in frnt of Front hash (HS)
#26	24	32	3.5 stps Side 1 of 50 yd In	5.0 stps in frnt of Front hash (HS)
#27	32	64	3.5 stps inside Side 1 45 yd In	2.5 stps in frnt of Front hash (HS)
#28	16	80	3.0 stps Side 1 of 50 yd In	0.25 stps behind Front hash (HS)
#29	16	96	1.75 stps inside Side 2 45 yd In	9.5 stps behind Front hash (HS)
#30	16	112	2.5 stps outside Side 2 40 yd In	10.5 stps behind Front hash (HS)
#31	16	128	2.75 stps inside Side 2 35 yd In	13.5 stps behind Front hash (HS)
#32	16	144	3.75 stps outside Side 2 40 yd In	11.0 stps behind Front hash (HS)
#33	16	160	1.0 stp inside Side 2 35 yd In	3.75 stps in frnt of Back hash (HS)
#34	8	168	1.0 stp inside Side 2 35 yd In	6.0 stps in frnt of Back hash (HS)

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: B1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	0.5 stps outside Side 2 40 yd In	9.75 stps behind Front hash (HS)
#36	16	32	3.0 stps inside Side 2 30 yd In	9.75 stps behind Front hash (HS)
#37	8	40	4.0 stps outside Side 2 40 yd In	4.0 stps behind Front hash (HS)
#38	8	48	4.0 stps outside Side 2 40 yd In	3.0 stps behind Front hash (HS)
#39	8	56	2.75 stps inside Side 2 30 yd In	0.75 stps in frnt of Front hash (HS)
#40	4	60	2.75 stps inside Side 2 30 yd In	4.75 stps in frnt of Front hash (HS)

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: B1 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	0.75 stps inside Side 2 30 yd In	6.75 stps in frnt of Front hash (HS)
#42	8	16	1.5 stps outside Side 2 35 yd In	1.0 stps in frnt of Front hash (HS)
#43	16	32	3.0 stps outside Side 2 45 yd In	on Front hash (HS)
#44	16	48	1.0 stp Side 1 of 50 yd In	7.5 stps behind Front hash (HS)
#45	16	64	1.5 stps inside Side 2 40 yd In	3.5 stps behind Front hash (HS)
#46	8	72	2.0 stps inside Side 2 45 yd In	2.0 stps behind Front hash (HS)
#47	16	88	2.75 stps outside Side 1 45 yd In	1.0 stps in frnt of Front hash (HS)
#48	16	104	4.0 stps inside Side 1 30 yd In	on Front hash (HS)
#49	8	112	4.0 stps inside Side 1 25 yd In	on Front hash (HS)
#50	16	128	2.5 stps outside Side 1 30 yd In	9.0 stps in frnt of Back hash (HS)
#51	12	140	2.75 stps inside Side 1 30 yd In	12.0 stps in frnt of Back hash (HS)
#52	16	156	1.0 stp outside Side 1 35 yd In	4.0 stps behind Front hash (HS)
#53	16	172	0.25 stps inside Side 1 45 yd In	5.25 stps behind Front hash (HS)
#54	8	180	2.0 stps inside Side 1 45 yd In	on Front hash (HS)
#55	8	188	2.0 stps inside Side 1 40 yd In	on Front hash (HS)
#56	8	196	2.0 stps outside Side 1 45 yd In	2.0 stps behind Front hash (HS)
#57	8	204	4.0 stps inside Side 1 45 yd In	4.0 stps behind Front hash (HS)
#58	8	212	2.0 stps inside Side 1 45 yd In	10.0 stps in frnt of Front hash (HS)
#59	8	220	On Side 1 45 yd In	12.0 stps in frnt of Front hash (HS)

Drill: The Fourth Wall

Performing as cast member: (unnamed) Label: B2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#35	0	16	2.25 stps inside Side 2 35 yd In	8.0 stps behind Front hash (HS)
#36	16	32	0.25 stps outside Side 2 30 yd In	6.5 stps behind Front hash (HS)
#37	8	40	2.0 stps outside Side 2 35 yd In	10.0 stps behind Front hash (HS)
#38	8	48	4.0 stps outside Side 2 40 yd In	9.0 stps behind Front hash (HS)
#39	8	56	1.5 stps outside Side 2 35 yd In	10.5 stps behind Front hash (HS)
#40	4	60	1.5 stps outside Side 2 35 yd In	6.5 stps behind Front hash (HS)

Drill: Inside the Outside

Performing as cast member: (unnamed) Label: B2 Symbol: s

Set	Move	Count	Side 1-Side 2	Back-Front
#41	0	8	3.0 stps outside Side 2 40 yd In	0.5 stps in frnt of Front hash (HS)
#42	8	16	3.75 stps outside Side 2 45 yd In	2.5 stps behind Front hash (HS)
#43	16	32	1.75 stps Side 1 of 50 yd In	6.75 stps in frnt of Front hash (HS)
#44	16	48	0.5 stps outside Side 1 45 yd In	7.75 stps behind Front hash (HS)
#45	16	64	0.25 stps outside Side 2 45 yd In	8.0 stps behind Front hash (HS)
#46	8	72	4.0 stps Side 2 of 50 yd In	4.0 stps behind Front hash (HS)
#47	16	88	3.5 stps Side 1 of 50 yd In	0.25 stps in frnt of Front hash (HS)
#48	16	104	4.0 stps inside Side 1 30 yd In	on Front hash (HS)
#49	8	112	4.0 stps inside Side 1 30 yd In	on Front hash (HS)
#50	16	128	3.75 stps inside Side 1 25 yd In	12.75 stps behind Front hash (HS)
#51	12	140	4.0 stps inside Side 1 30 yd In	13.5 stps in frnt of Back hash (HS)
#52	16	156	1.0 stp inside Side 1 30 yd In	6.0 stps behind Front hash (HS)
#53	16	172	0.25 stps outside Side 1 40 yd In	6.75 stps behind Front hash (HS)
#54	8	180	2.0 stps outside Side 1 40 yd In	on Front hash (HS)
#55	8	188	2.0 stps outside Side 1 35 yd In	on Front hash (HS)
#56	8	196	4.0 stps inside Side 1 35 yd In	on Front hash (HS)
#57	8	204	2.0 stps inside Side 1 40 yd In	6.0 stps in frnt of Front hash (HS)
#58	8	212	2.0 stps outside Side 1 40 yd In	10.0 stps in frnt of Front hash (HS)
#59	8	220	4.0 stps inside Side 1 35 yd In	12.0 stps in frnt of Front hash (HS)